The listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

- 1. (Original) An optical fiber for the transmission of optical energy, the optical fiber comprising:
- a cladding region including a photonic band gap structure, the optical energy having a wavelength within the photonic band gap of the photonic band gap structure; and
 - a core region surrounded by the photonic band gap structure,
- wherein the photonic band gap fiber guides the optical energy substantially within the core region with a loss of less than about 300 dB/km.
- 2. (Original) The optical fiber of claim 1 wherein the optical energy has a wavelength between about 150 nm and about 11 μ m.
- 3. (Original) The optical fiber of claim 1 wherein the core region has a lower effective refractive index than the average refractive index of the photonic band gap structure.
- 4. (Original) The optical fiber of claim 1 wherein the core region is composed substantially of a gaseous material.
- 5. (Original) The optical fiber of claim 1 wherein the optical energy has a wavelength greater than about 1000 nm.
- 6. (Original) The optical fiber of claim 1 wherein the photonic band gap fiber guides the optical energy substantially within the core region with a loss of less than about 200 dB/km.
- 7. (Original) The optical fiber of claim 1 wherein the photonic band gap fiber guides the optical energy substantially within the core region with a loss of less than about 50 dB/km.

- 8. (Original) The optical fiber of claim 1 wherein the photonic band gap fiber guides the optical energy substantially within the core region with a loss of less than about 20 dB/km.
- 9. (Original) The optical fiber of claim 8 wherein the optical energy has a wavelength between about 1400 nm and about 1500 nm.
- 10. (Original) The optical fiber of claim 8 wherein the optical energy has a wavelength between about 1680 and 1900 nm.
- 11. (Original) The optical fiber of claim 1 wherein the optical energy is guided in a mode having a nonlinear refractive index of less than about 10^{-18} cm²/W.
- 12. (Original) The optical fiber of claim 1 wherein the optical signal is guided in a mode having a nonlinear refractive index of less than about $5 \times 10^{-19} \text{ cm}^2/\text{W}$.
- 13. (Original) The optical fiber of claim 1 wherein the optical fiber is capable of supporting a temporal soliton having a peak power of greater than about 1 MW.
- 14. (Original) The optical fiber of claim 1 having a dispersion of greater than 20 ps/nm/km at a wavelength within the photonic band gap.
- 15. (Original) The optical fiber of claim 1 wherein the optical fiber is fabricated by a stack-and-draw method.
- 16. (Original) The optical fiber of claim 1 wherein the optical fiber supports at least two modes guided substantially within the core.
- 17. (Original) The optical fiber of claim 1 wherein the optical energy propagates in the optical fiber with a wavelength and propagation constant within the band gap of the photonic band gap structure.

- 18. (Original) The optical fiber of claim 1, wherein the core region has a maximum diameter less than about four times the pitch of the photonic band gap structure of the cladding region
- 19. (Original) An optical fiber for the transmission of optical energy, the optical fiber comprising:
 - a core region; and
 - a cladding region,

wherein the optical fiber guides the optical energy in a mode having a nonlinear refractive index of less than about 10^{-18} cm²/W.

- 20. (Original) The optical fiber of claim 19 wherein the optical signal is guided in a mode having a nonlinear refractive index of less than about $5 \times 10^{-19} \text{ cm}^2/\text{W}$.
- 21. (Original) The optical fiber of claim 19 wherein the optical fiber is capable of supporting a temporal soliton having a peak power of greater than about 1 MW.
- 22. (Original) The optical fiber of claim 19 wherein the photonic band gap fiber guides the optical energy substantially within the core region with a loss of less than about 300 dB/km.
- 23. (Original) The optical fiber of claim 19 wherein the photonic band gap fiber guides the optical energy substantially within the core region with a loss of less than about 50 dB/km.
- 24. (Original) The optical fiber of claim 19, wherein the cladding region is formed from a photonic band gap structure, the soliton having a wavelength within the photonic band gap of the photonic band gap structure; and wherein the core region is surrounded by the photonic band gap structure.
- 25. (Original) An optical fiber comprising a core region; and a cladding region,

wherein the optical fiber is capable of supporting a temporal soliton having a peak power of greater than about 1 MW.

- 26. (Original) The optical fiber of claim 25, wherein the optical fiber is capable of supporting a temporal soliton having a peak power of greater than about 3 MW.
- 27. (Original) The optical fiber of claim 25, wherein the cladding region is formed from a photonic band gap structure, the soliton having a wavelength within the photonic band gap of the photonic band gap structure; and wherein the core region is surrounded by the photonic band gap structure.